



Dinah Siman  
menopause pilates

CERTIFICATE OF COMPLETION

This certifies that

**Katherine Brady**

has successfully completed training in

**Menopause Awareness for Pilates Teachers**

Approved by CThA

Dinah Siman

Dinah Siman, Founder Menopause Pilates

BA (Hons), PGCE, RSA, ITEC

January 15th, 2022

Date